

*WEEK 6 DAY 1: The reality of evil*

**Lead us not into temptation, but deliver us from the evil one.**

We fix our eyes not on what is seen, but on what is unseen. □ Our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms. □ Those who are with us are more than those who are with them.

Pray that we may be delivered from wicked and evil people, for not everyone has faith. □ In order that Satan might not outwit us. For we are not unaware of his schemes.

The Lord is faithful, and he will strengthen you and protect you from the evil one. □ The Lord will rescue me from every evil attack and will bring me safely to his heavenly kingdom. To him be glory for ever and ever.

Whoever listens to me will live in safety and be at ease, without fear of harm. □ I will sing of your strength, in the morning I will sing of your love; for you are my fortress, my refuge in times of trouble.

*MATT 6:13. 2 Cor 4:18 □ Eph 6:12 □ 2 Ki 6:16.  
2 Cor 2:11 □ 2 Th 3:2.  
2 Th 3:3 □ 2 Tim 4:18. Prov 1:33 □ Ps 59:16.*

*WEEK 6 DAY 2: Our helplessness*

**Apart from me you can do nothing.**

Watch and pray so that you will not fall into temptation. The spirit is willing, but the flesh is weak. □ I know that good itself does not dwell in me, that is, in my sinful nature. For I have the desire to do what is good, but I cannot carry it out.

The LORD has compassion on those who fear him, for he knows how we are formed, he remembers that we are dust. □ Uphold me, and I shall be delivered.

'Not by might nor by power, but by my Spirit,' says the LORD Almighty. □ Whose weakness was turned to strength. □ Let the weakling say, 'I am strong!'

He gives strength to the weary and increases the power of the weak. Even youths grow tired and weary, and young men stumble and fall; but those who hope in the LORD will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint.

*JOHN 15:5. Matt 26:41 □ Rom 7:18.  
Ps 103:13, 14 □ Ps 119:117.  
Zech 4:6 □ Heb 11:34 □ Joel 3:10.  
Isa 40:29-31.*

*WEEK 6 DAY 3: Calling for help*

**From the ends of the earth I call to you, I call as my heart grows faint; lead me to the rock that is higher than I.**

From inside the fish Jonah prayed to the LORD his God. And the LORD commanded the fish, and it vomited Jonah onto dry land. □ In my distress I called to the LORD, and he answered me. From deep in the realm of the dead I called for help, and you listened to my cry.

They all plotted together to come and fight against Jerusalem and stir up trouble against it. But we prayed to our God and posted a guard day and night to meet this threat. □ So we say with confidence, 'The Lord is my helper; I will not be afraid. What can mere mortals do to me?'

I love the LORD, for he heard my voice; he heard my cry for mercy. Because he turned his ear to me, I will call on him as long as I live. □ You, LORD, have delivered me from death, my eyes from tears, my feet from stumbling, that I may walk before the LORD in the land of the living.

*PS 61:1, 2. Jon 2:2, 10 □ Ps 18:6.*

*Neh 4:8, 9 □ Heb 13:6. Ps 116:1-4 □ Ps 116:8, 9.*

*WEEK 6 DAY 4: Examples of help given*

**The Lord knows how to rescue the godly from trials.**

With bitterness archers attacked [Joseph]; they shot at him with hostility. But his bow remained steady, his strong arms remained supple, because of the hand of the Mighty One of Jacob, because of the Shepherd, the Rock of Israel.

Asa called to the LORD his God and said, 'LORD, there is no one like you to help the powerless against the mighty. Help us, LORD our God, for we rely on you, and in your name we have come against this vast army.'

Hezekiah received the letter from the messengers and read it. Then he went up to the temple of the LORD and spread it out before the LORD. And Hezekiah prayed to the LORD.

[Peter] cried out, 'Lord, save me!' Immediately Jesus stretched out his hand and caught him.

He has delivered us from such a deadly peril, and he will deliver us again. On him we have set our hope that he will continue to deliver us, as you help us by your prayers.

*2 PET 2:9. Gen 49:23, 24. 2 Chr 14:11. Isa 37:14, 15. Matt 14:30, 31. 2 Cor 1: 10, 11.*

*WEEK 6 DAY 5: Resisting temptation*

**Resist the devil, and he will flee from you. Come near to God and he will come near to you.**

Jesus said to him, 'Away from me, Satan! For it is written, "Worship the Lord your God, and serve him only.'" Then the devil left him. □ Because he himself suffered when he was tempted, he is able to help those who are being tempted.

Be alert and of sober mind. Your enemy the devil prowls around like a roaring lion, looking for someone to devour. Resist him, standing firm in the faith, because you know that the family of believers throughout the world is undergoing the same kind of sufferings.

No temptation has overtaken you except what is common to mankind. And God is faithful; he will not let you be tempted beyond what you can bear. But when you are tempted, he will also provide a way out so that you can endure it.

Live by the Spirit, and you will not gratify the desires of the flesh. □ If you think you are standing firm, be careful that you don't fall!

*JAS 4:7, 8. Matt 4:10 □ Heb 2:18. 1 Pet 5:8, 9.  
1 Cor 10:13. Gal 5:16 □ 1 Cor 10:12.*

*WEEK 6 DAY 6: Passionate praying*

**You, God, are my God, earnestly I seek you; I thirst for you, my whole being longs for you.**

Jesus went out to a mountainside to pray, and spent the night praying to God. □ Being in anguish, he prayed more earnestly, and his sweat was like drops of blood falling to the ground.

Elijah climbed to the top of Carmel, bent down to the ground and put his face between his knees.

A Canaanite woman came to him, crying out, 'Lord, Son of David, have mercy on me! My daughter is demon-possessed and suffering terribly.'

[Epaphras] is always wrestling in prayer for you, that you may stand firm in all the will of God, mature and fully assured.

You who call on the LORD, give yourselves no rest, and give him no rest till he establishes Jerusalem and makes her the praise of the earth. □ You will seek me and find me when you seek me with all your heart.

So I say to you: ask and it will be given to you; seek and you will find; knock and the door will be opened to you.

*PS 63:1. Luke 6:12 □ Luke 22:44. 1 Ki 18:42.  
Matt 15:22. Col 4:12.  
Isa 62:6, 7 □ Jer 29:12. Luke 11:9.*